



# The Extra Book

This book was written to help children become familiar with people who have Down syndrome. With familiarity comes kindness.





Hi, my name is Josh

I do a lot of the same things that you do.

I love my Mommy  
and Daddy,





I have fun  
playing,



And  
Sometimes I  
get sad,



But there is  
something  
about me that  
makes me  
unique.



# Everyone has chromosomes.



These are like tiny books kept in every part of your body. These books tell your body things like what color your hair should have and how tall you'll be when you grow up.



Most people have the same number of books. I am unique and different because when my books were written, I got an extra one. When this happens, it is called Down syndrome.



My extra book makes me look different and do things different.

**FUTURE  
FISHING  
BOAT  
CAPTAIN**



But my extra book doesn't make me feel different or keep me from being what I want to be when I grow up.





My family was lucky to have me teach them about my extra book, now I got a chance to teach you too.

